

Questions and answers information evening for families and carers

Caring for a loved one suffering from a mental illness can be difficult at times for friends, family and for carers to comprehend.

As a result, they are often unaware of how to best support their loved ones. This can then lead people who have a mental illness to feel as though they have little support available to them.

The new information evening session is aimed to assist friends, families and carers on how to help their loved ones to manage their symptoms of mental illness by gaining a better understanding of the ongoing recovery process, expectations and enabling a smoother transition back into the community after leaving hospital.

Where: The Melbourne Clinic Conference Room on the ground floor
130 Church Street, Richmond VIC 3121

When: Monday 30th April 2018

Time: 6:00 – 7:30pm

Cost: **FREE**

Registration: Call **Olga Anthony** at **0448 945 104** or **Julie Thomspson** at **03 9487 4734** to register

Facilitators: Lisa Stokes, Director of Nursing - Guest Speaker
Nurse Unit Manager of General Ward
Day/Outreach Program Representatives
Intake Clinician

For more information contact:

Olga Anthony at **0448 945 104** or **olga.anthony@healthscope.com.au**

Refreshments provided

