



The Melbourne Clinic is excited to announce the opportunity to access some of our Day Programs via telehealth using the Zoom platform. Whilst all programs will continue to operate on site, the installation of telehealth equipment will enable us to deliver a HYBRID service. What this means is that patients can access the very same group in person or via Zoom.

Whilst we value the opportunity to deliver Day Programs in person, we have learnt a great deal throughout 2020-21 about the need to better connect those unable to access onsite treatment.

Having HYBRID capability will enable patients who otherwise can't access the service in person to participate.

The introduction of HYBRID programs removes certain barriers known to prevent or delay timely support and treatment. We anticipate therefore, that this service will provide increased access and better outcomes for our patients.

You may choose the telehealth option if you:

- Live in an area that, due to distance or access to transport, prevents you from attending Day Programs on site
- Have dependents where caregiving commitments prevent Day Program attendance onsite
- Are unable to attend at any time due to health reasons

Starting July 2021, a number of group programs will have capacity for attendance in person and live-streaming from home.

These programs include:

- Acceptance and Commitment Therapy (ACT)
- Addictions
- Emotion Management
- Dialectical Behaviour Therapy (DBT)
- Anxiety Management

This HYBRID platform utilises the latest secure technology and audio-visual equipment to create a seamless environment for patients attending in person and for those live-streaming.

Access to Day Programs via telehealth is supported by some Health Funds/Funding providers. If you would benefit from having the option to live-stream into Day Programs, please see our friendly administration team, or contact them on **03 8416 3800**, to determine if your current funding arrangements enable access to this new and exciting service.