



The Melbourne Clinic

# Graduate Nurse Program 2020

Registered Nurses (RN)  
Enrolled Nurses (EEN)



The Melbourne Clinic is Australia's largest private mental health service, providing 205 inpatient beds, standalone Day Program Centre and an Outreach Program.

Nationally and internationally renowned for the provision of quality mental health care services, our focus is to provide patients with support and expertise from a comprehensive Multi-Disciplinary Team of mental health professionals. These include, over 200 accredited psychiatrists, experienced registered Mental Health Nurses, Allied Health Staff (Psychologists, Social Workers, Dietitians, Exercise Physiologist, Music Therapist and Art Therapist), in conjunction with several key support services such as Administration and Housekeeping services.

The Melbourne Clinic delivers Patient Centred Care; health care that is respectful of, and responsive to, the preferences, needs and values of patients. Our programs and care are based on the recovery model.

The Melbourne Clinic embodies an inclusive service. We are dedicated to providing services that are culturally sensitive and aware. We understand and are accepting of diversity in identity and acknowledge the critical role that family and friends play in the lives of patients. We therefore, also offer support and advice to assist them during their loved ones recovery.

## Inpatient Programs

- Addictive Behaviours
- Eye Movement Desensitising and Reprocessing (EMDR) Program
- Transcranial Magnetic Stimulation (TMS)
- Binge Eating Disorders Program
- Eating Disorders Program
- Obsessive Compulsive Disorder (OCD) Program
- Electroconvulsive Therapy (ECT)
- Intensive Psychiatric Care Program
- Emotion Management Program (EMP)
- Older Persons' Program

## Day Programs

- Acceptance and Commitment Therapy (ACT) Foundations
- Anxiety and Depression Management
- Post-Traumatic Stress Disorder (PTSD)
- Acceptance and Commitment Therapy (ACT) in Practice
- Dialectical Behaviour Therapy (DBT)
- Post-Traumatic Stress Disorder for Emergency Service Workers
- An Arts Based Approach to Acceptance and Commitment Therapy
- Eating Disorders
- ADHD and Neurocognitive Skills
- Emotion Management
- Supporting Trauma and Recovery (STAR)
- Addictive Behaviours
- Mindful Self Compassion (MSC)

# Outreach Program

The Outreach Program provides mental health treatment through individual visits conducted in the home or community, by an outreach clinician. The focus of this therapeutic support is to enable individuals to recover, develop and revise coping strategies and remain well. Community based treatments seek to minimise disruption to a person's day-to-day living by reducing the length and frequency of hospital stays, or providing treatment at home as an alternative to a hospital admission.

# The Melbourne Clinic Graduate Nurse Program

The Melbourne Clinic's Graduate Nurse Program offers a supportive and friendly learning environment in which Graduate Nurses are encouraged to develop professionally and personally, through exposure to a broad variety of clinical areas.

We are seeking individuals who are organised, proactive, resourceful, motivated, compassionate and resilient. If this resonates with you, then the opportunity to be part of The Melbourne Clinic's Graduate Nurse Program should not be missed!

## What our Graduate Nurse Program offers:

- Three rotations across various general and specialty areas of the clinic
- Educator and mentor support
- A comprehensive orientation day
- Five paid study days during the year
- Eligibility for credit towards post graduate studies at Melbourne University upon successful completion of the program

## The program requires participants to complete and submit the following tasks throughout the year:

- 11 Clinical Competencies
- 2 Written Assignments\* (\*optional for EN's)
- 1 Oral Presentation
- 1 Exam

## Shift load/Contracted hours:

The expected rostered hours for Graduate Nurse's at The Melbourne Clinic are 0.8 fortnightly, eight total shifts per fortnight.

# How to apply

Look out for our advert on [www.seek.com.au](http://www.seek.com.au) or on the Healthscope website - <https://careers.healthscope.com.au/nursing>, where you will also be able to submit your application towards the end of May.

Please prepare in advance and have the following available when you commence your online application:

- A covering letter outlining:
  - o the rationale for your application to The Melbourne Clinic's Graduate Nurse Program
  - o Your clinical areas of interest
  - o Where applicable details of how you meet the English language requirements for registration. Please attach your test results
- Current CV
- Certified copy of your Academic transcript
- A copy of certified clinical reports (one general and one mental health)
- Two recent clinical referees

Applications that do not contain the above information may not be considered.

**For further enquiries, please contact**

**Rebecca Sprekos**

**Education Manager**

**Phone: (03) 9487 4614**

**Email: [rebecca.sprekos@healthscope.com.au](mailto:rebecca.sprekos@healthscope.com.au)**



## The Melbourne Clinic

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V1\_04/2020