

Eating Disorders Program Carers Information Night

Questions and answers information night for families, friends and carers

Caring for a loved one suffering from an eating disorder can be difficult at times for friends, family and for carers to comprehend.

As a result, they are often unaware of how to best support their loved ones. This can then lead people who have a mental illness to feel as though they have little support available to them.

These information evening sessions are aimed to assist friends, families and carers on how to help their loved ones to manage their symptoms of eating disorders by gaining a better understanding of the ongoing recovery process, expectations and enabling a smoother transition back into the family home and community after leaving hospital.

Where: Isaac Schweitzer Conference Room
The Melbourne Clinic
130 Church Street, Richmond VIC 3121

When: Monday 19th August 2019
Monday 23rd September 2019
Monday 14th October 2019
Monday 18th November 2019

Time: 5.30 – 7.30pm

Cost: **FREE**

Facilitators: Tania Brooks – Eating Disorder Nurse Unit Manager
David Nayler - Eating Disorder Programme/Therapy Manager

To RSVP and for more information contact Tania Brooks or David Nayler on:

Tania.Brooks@healthscope.com.au or
David.Nayler@healthscope.com.au

Refreshments provided.

