



The Melbourne Clinic

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A Healthscope hospital.

03/2016



The Melbourne Clinic

The Professorial Unit



THE UNIVERSITY OF
MELBOURNE



Mission

To promote excellence in mental health care using evidence-based, personalised treatment and patient-centred approaches through world class best practice clinical service, research, training and education.

About the Unit

Established in 1995, the Professorial Unit of the Melbourne Clinic combines research and clinical practice with the aim of delivering optimal patient care based on international best standards. The Professorial Unit provides specialised treatment for mood and anxiety disorders with complex problems through a multidisciplinary team, which include biological, psychosocial and cognitive approaches. It conducts clinical and academic teaching for university students and Royal Australian and New Zealand College of Psychiatry (RANZCP) affiliated psychiatry trainees. The research unit operates under the auspices of both The University of Melbourne and Healthscope.

Staff

The Professor of Psychiatry leads the Professorial Unit and is jointly appointed as the Healthscope Chair of Psychiatry by the Melbourne Clinic and the Department of Psychiatry at The University of Melbourne. The clinical service is provided by academic and specialist consultant psychiatrists, senior psychiatry registrars from Melbourne's major teaching hospitals, and a multidisciplinary team comprising psychiatric nurses, social workers, clinical psychologists and neuropsychologists, occupational therapists and other allied health staff. The research section is staffed by a research manager, and a team of research clinicians, senior fellows, assistants and students.

Services

The Professorial Mood Disorders Unit is a 25 bed inpatient unit within the Melbourne Clinic. It provides specialised treatment for depression, bipolar disorders, anxiety disorders, and other associated disorders with complex diagnostic and management problems. The Unit accepts referrals from general practitioners, psychiatrists and other medical practitioners. Patients receive a comprehensive evaluation from the multidisciplinary team, a timely comprehensive management program is developed and initiated, and patients are customarily referred back to their referrer for ongoing treatment.

Research and Teaching

The major focus of the research and academic activity is to improve knowledge and skills that are grounded in innovative scientific research and can be used in direct patient care. To do this the Professorial Unit initiates local research projects and forms research collaborations with other leading researchers both nationally and internationally. It provides a strong academic program, including weekly postgraduate education with local and international expert speakers, professional development, journal club, case conferences, registrar tutorials, and preparation for the RANZCP Clinical Examinations.

Together with researchers and clinicians, the Professorial Unit conducts various studies including novel treatment approaches, genetic markers for treatment response, clinical trials of new and adjunctive medications, and complementary therapies to improve treatment practice.

The University of Melbourne's Department of Psychiatry is internationally recognised for its unique strengths in biological and translational psychiatry. The Professorial Unit along with the University's Department of Psychiatry and Asialink has recently established The University of Melbourne and Peking University Centre for Psychiatric Research and Training to build psychiatric research and clinical practice for mental health professionals from both countries.

Admission

Psychiatrists and medical practitioners who wish to refer their patients to the Professorial Unit can contact the Unit Admitting Registrar on (03) 9429 4688. Admissions can also be arranged by contacting an Intake Clinician on (03) 9420 9340

Accreditation

Psychiatrists may arrange accreditation by contacting the General Manager on (03) 9429 4688

Interested in participating in one of our research projects?

Call one of our research staff on (03) 9420 9255 to discuss how we can help.